Track Day Heavy FAQ's

- **What is Track Day Heavy (TDH)?**
  Track Day Heavy is an opportunity to take your car out on an open track but with a reduced car count when compared to a regular Open Track Day.

- **Who can participate?**
  Any driver who is at least 18 years old, has a current drivers license, has their own car, and has previously completed a Track Day Lite or has VERIFIABLE previous open track experience.

- **Do I need a dedicated track car or race car?**
  No. Any sedan, sports sedan, or sports car is eligible. Trucks, minivans, or SUV's are not permitted and there are restrictions on some convertibles. If you have a question about whether your car is eligible, contact Scott Foremaster (scott@nolamotor.com) or Jim Slane (j.slane@nolamotor.com).

- **What is the format?**
  TDH's are held in the late afternoon to early evening (usually 5pm-7pm). We start with a short 20-minute class discussing passing rules and flagging followed by two 20-minute sessions on track. Run groups are limited to a maximum of 10 cars each and there are no speed limits.

- **Do I need a helmet?**
  Yes. Each driver needs an “M” or “SA” Snell rated helmet no older than 2010. If you do not have one, we will let you use one of ours free of charge.

- **Does my car have to pass tech?**
  You will be given a tech sheet to fill-out and turn in at the class session before being allowed on track.

- **Can I bring a passenger?**
  Passengers are not allowed on track but friends or family are allowed to spectate.

- **What happens if it rains?**
  We run rain or shine but if we get too much standing water to safely run on track, we will credit your entry for a future TDH.

- **Will my insurance cover me if something happens on track?**
  You will need to discuss this question with your insurance provider but typically insurance does not cover incidents on the race track.
- **How do I register?**
  We have links to the online registration site on the NOLA Motorsports Park webpage.

- **What happens if I register but cannot attend?**
  We will issue you a credit to a future TDH.

- **Who should I contact if I have additional questions?**
  Please contact Scott Foremaster ([scott@nolamotor.com](mailto:scott@nolamotor.com)) or Jim Slane ([j.slane@nolamotor.com](mailto:j.slane@nolamotor.com)).