Track Day Lite

- **What is Track Day Lite (TDL)?**
  TDL is a very controlled lead-and-follow track event for drivers new to track events. This is a great program for beginners to experience what driving on track is like without having to participate in a full-on open track day.

- **Who can participate?**
  Any driver who is at least 18 years of age, has a current drivers license, and has their own car.

- **Do I need a track specific type car?**
  No. Almost any sedan, sports sedan, or sports car can participate. Trucks, SUV’s, or minivans are not allowed and there are some restrictions on certain convertibles. Please contact Scott Foremaster or Jim Slane if you have questions about your car’s eligibility.

- **What is the format?**
  TDL’s are held in the late afternoon to early evening (usually 5pm-7pm). We start with a short 20-minute class followed by two 20-minute sessions on track with the second session being faster than the first. There is no passing while on track which allows the driver to fully concentrate on the proper driving-line around the course. Each session is led by one of our professional instructors.

- **Do I need a helmet?**
  Yes. Each driver needs an “M” or “SA” Snell rated helmet no older than 2010. If you do not have one, we will let you use one of ours free of charge.

- **Does my car have to pass tech?**
  You will be given a tech sheet to fill-out and turn in at the class session before being allowed on track.

- **How fast will I go?**
  In the first session, we will hit speeds of up to 75mph on the front straight. In the second session, we typically will hit 105mph on the front straight.

- **Can I bring a passenger?**
  Passengers are not allowed on track but friends or family are allowed to spectate.
• **What happens if it rains?**
  We run rain or shine but if we get too much standing water to safely run on track, we will credit your entry for a future TDL.

• **Will my insurance cover me if something happens on track?**
  You will need to discuss this question with your insurance provider but typically insurance does not cover incidents on the race track.

• **How do I register?**
  We have links to the online registration site on the NOLA Motorsports Park webpage.

• **What happens if I register but cannot attend?**
  We will issue you a credit to a future TDL.

• **Who should I contact if I have additional questions?**
  Please contact Scott Foremaster ([scott@nolamotor.com](mailto:scott@nolamotor.com)) or Jim Slane ([j.slane@nolamotor.com](mailto:j.slane@nolamotor.com)).